Building Pathways to Community Schools:
Aligning and Integrating Local Systems

Alameda County
Health Care Services Agency

San Lorenzo Community
Advancing an Equity Framework
Creating Universal Access to
Behavioral Health Services
Realizing the Ashland Youth Center

Tracey Schear
School Health Services Director
Seth Kaplan
County Supervisor Miley Chief of Staff
Dr. Ammar Saheli
SLzUSD Director of Student Services
Ellen Muir
EPSDT Coordinator
Our Vision
We envision a county where schools and communities support every student to be healthy and successful so that our children grow up feeling safe, supported, connected and engaged. Together, schools, families and community partners create equity in education and health for all students.

Our Mission
The School Health Services Coalition brings health and education partners together to build communities of care that foster the academic success and well-being of children, youth and families.

We develop innovative policies, practices and integrated services to increase the availability and quality of health and learning supports in schools and neighborhoods.
Our Goal

To improve the social-emotional, health and education outcomes of Alameda County children and youth.

Community Schools Framework

We believe in a comprehensive approach to the education of our children and youth where schools, together with communities, work to fulfill conditions that create the optimum chance for every child to succeed.

Health Framework
Conditions for Learning

Kinder Readiness: Early childhood development is fostered through high-quality comprehensive programs that nurture learning and development.

Quality Education: The school has a core instructional program with qualified teachers, a challenging curriculum, and high standards and expectations for students.

Youth Development: Students are motivated and engaged in learning, both in school and in community settings, during and after school.

Health and Wellness: The basic physical, social, emotional, and economic needs of children, youth and families are met.

Family Engagement: There is mutual respect and effective collaboration among parents, families and school staff.

Community Commitment: The community is engaged in the school and promotes a school climate that is safe, supportive and respectful and that connects students to a broader learning community.

Core Competencies

- Cultivating Dynamic Partnerships
- Building Capacity
- Integrating Services and Systems
- Seeding Innovation
- Supporting Sustainability

San Lorenzo School Health Initiative

San Lorenzo Unified School District

County Supervisor Alice Lai-Bitker

Behavioral Health Care Services Agency

Public Health Department

School Health Services Coalition

County Supervisor Nate Miley
Audience Question

Name one of the conditions for learning and share an example from your community.
San Lorenzo Community

Seth Kaplan
Chief of Staff
Alameda County Supervisor Nate Miley
Teen Birth Rates

<table>
<thead>
<tr>
<th></th>
<th>Alameda County</th>
<th>Ashland</th>
<th>Cherryland</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate</td>
<td>27.4</td>
<td>56.1</td>
<td>62.7</td>
</tr>
</tbody>
</table>

(Births per 1,000 females 15 to 19)

Source: CAPE County Vital Stats 2003-2005

Unintentional Injury Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Alameda County</th>
<th>Ashland</th>
<th>Cherryland</th>
<th>San Lorenzo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rate</td>
<td>24.5</td>
<td>35.5</td>
<td>33</td>
<td>22.4</td>
</tr>
</tbody>
</table>

(Deaths per 100,000 people)

Source: CAPE County Vital Stats 2003-2004
Diabetes & Heart Disease
Death Rate

<table>
<thead>
<tr>
<th></th>
<th>Diabetes Death Rate</th>
<th>Heart Disease Death Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashland</td>
<td>NA</td>
<td>148</td>
</tr>
<tr>
<td>Cherryland</td>
<td>40.2</td>
<td>199</td>
</tr>
<tr>
<td>San Lorenzo</td>
<td>19.4</td>
<td>180</td>
</tr>
<tr>
<td>Alameda County</td>
<td>21.6</td>
<td>147</td>
</tr>
</tbody>
</table>

(Deaths per 100,000)

Source: CAPE County Vital Stats 2003-2005

Audience Question

What is one community health issue that affects San Lorenzo?

Advancing an Equity Framework

Ammar Saheli, MS, PhD, PPSC
Director of Student Services
San Lorenzo Unified School District
Equity in the San Lorenzo Unified School District is acknowledging historical biases and changing the way they are addressed in terms of closing the achievement gap. We define our approach to the work of equity as providing for each student the academic, emotional and social supports needed to increase the achievement of underperforming subgroups at an accelerated rate while additionally increasing overall student performance.
**Successes**

- Expulsion reduction
- Vision unification
- Increased mental health services and collaboration, aligned with equity vision
- Recognized as model SARB (Student Attendance Review Board) district to increase ADA and reduce student drop-out
- Significant academic growth among African American students

**Equity Flow – Continuation – Stop Gap**

*Does it Exist? Where is It?*

Any Combination Can Exist But It Must Be Systemic & Not Fragmented

**Equity In Pure Form**

The Classroom EQUITY Intersection

- Personal
- Critical
- Cultural
- Pedagogical
- Racial
- Class
d Aware
- n & P
- refe
- & Pr
- Refine
- p, w e
- tec
- d & c
Pair Share

What is one thing you are doing to close the equity gap in education and health in your school community?

Creating Universal Access to Behavioral Health Services

Ellen Muir, LCSW
EPSDT Coordinator
Alameda County Behavioral Health Care Services Agency

Goal

Universal Access to Behavioral Health Services for all schools
School-based behavioral health is defined as social-emotional learning and development and addresses critical psycho-social issues.

Address Behavioral Health Issues that Interfere with Learning
1. Grief
2. Crisis
3. Trauma
4. Anxiety and Depression

School-Based Behavioral Health Services Include:
1. Staff consultation
2. Student & family MH treatment
3. Psycho-social education
4. School-wide interventions
5. RTI² (Response To Intervention Squared)
Spectrum of Behavioral Health Supports

EPSDT Medi-Cal for youth 0-21 years old

- Early
- Periodic
- Screening
- Diagnosis
- Treatment

Priority Populations

- Children 0-5
- Children & Youth in Public Schools
- Children & Youth in Foster Care
- Youth on Probation or in the Juvenile Justice System
- Children with Co-occurring Disorders (Substance Abuse & Mental Health)
- AOD Collaborations for children of parents in AOD treatment
- Transition Age Youth (TAY) 17-21 years old
- Programs in South and East County
Alameda County invested $2M of Tobacco Master Settlement Dollars to get $40M of EPSDT-funded Mental Health Services

We leverage $19 for every $1 of TMSF

In California, EPSDT is funded by
5% local funding
45% state funding
50% federal funding

Alameda County Schools with EPSDT Expansion Services, FY 2009-2010

From FY 03/04 to 09/10 the number of school sites have increased by 55%, from 71 sites in 03/04 to 110 sites in 09/10.

Youth Served through School-based (EPSDT) Mental Health Services, FY 03/04 to FY 09/10 YTD

*As of 3/25/10
### School-Based Behavioral Health, EPSDT

<table>
<thead>
<tr>
<th>FY</th>
<th># Clients Served</th>
<th># Schools</th>
<th>Dollar Investment</th>
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<tbody>
<tr>
<td>03/04</td>
<td>952</td>
<td>71</td>
<td>$3,962,098</td>
</tr>
<tr>
<td>04/05</td>
<td>1030</td>
<td>69</td>
<td>$4,366,576</td>
</tr>
<tr>
<td>05/06</td>
<td>1362</td>
<td>87</td>
<td>$6,043,288</td>
</tr>
<tr>
<td>06/07</td>
<td>1,575</td>
<td>92</td>
<td>$6,617,698</td>
</tr>
<tr>
<td>07/08</td>
<td>1,534</td>
<td>97</td>
<td>$7,937,698</td>
</tr>
<tr>
<td>08/09</td>
<td>1,829</td>
<td>107</td>
<td>$9,721,661</td>
</tr>
<tr>
<td>09/10</td>
<td>1,871</td>
<td>110</td>
<td>$7,173,296</td>
</tr>
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</table>

*as of 3/25/10

### Impact of EPSDT Medi-Cal Billable Services on School Mental Health

![Impact Graph]

2000%

Pre-EPSDT FY 99-00
EPSDT Expansion FY 07-08

### SLzUSD & Alameda County Behavioral Health Care Partnership
Audience Question

What is unique about how Alameda County has expanded behavioral health services for children?

Realizing the Ashland Youth Center

Seth Kaplan
Chief of Staff
Alameda County Supervisor Nate Miley
The Need
San Lorenzo Schools Suspension Rates*
2007-2008

Source: California Department of Education. Available at http://dq.cde.ca.gov/dataquest

<table>
<thead>
<tr>
<th>School</th>
<th>2007</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>San Lorenzo Manor</td>
<td>5.6%</td>
<td>5.2%</td>
</tr>
<tr>
<td>Willow Glen</td>
<td>1.4%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Washington Manor</td>
<td>3.5%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Hesperian Manor</td>
<td>6.5%</td>
<td>6.1%</td>
</tr>
<tr>
<td>Grant Manor</td>
<td>10.3%</td>
<td>10.0%</td>
</tr>
<tr>
<td>Arroyo Manor</td>
<td>3.4%</td>
<td>3.3%</td>
</tr>
<tr>
<td>KIPP King</td>
<td>14.4%</td>
<td>14.3%</td>
</tr>
<tr>
<td>Arroyo High</td>
<td>43.8%</td>
<td>43.8%</td>
</tr>
<tr>
<td>San Lorenzo High</td>
<td>54.2%</td>
<td>54.3%</td>
</tr>
<tr>
<td>East Bay Arts High</td>
<td>56.5%</td>
<td>56.5%</td>
</tr>
<tr>
<td>Bohannon Middle</td>
<td>69.2%</td>
<td>70.5%</td>
</tr>
<tr>
<td>Royal Sunset (Cont.)</td>
<td>70.5%</td>
<td>70.5%</td>
</tr>
<tr>
<td>Hillside Elementary</td>
<td>73.0%</td>
<td>73.0%</td>
</tr>
<tr>
<td>Edendale Middle</td>
<td>74.9%</td>
<td>74.9%</td>
</tr>
<tr>
<td>Colonial Acres West</td>
<td>76.3%</td>
<td>76.3%</td>
</tr>
</tbody>
</table>

Source: California Department of Education. Available at http://dq.cde.ca.gov/dataquest

The Need
Youth connectedness to community

Over half (54%) of the respondents disagreed/strongly disagreed that youth are involved in making important decisions in their community

Source: SLZ Resilience Survey from SLZ Initiative

"Many teens don’t do anything at all…other kids might partake in activities that are violent and can cause themselves to get into trouble."

"We do not have very many programs for youth especially the 14-17 years olds."
### Youth Identified Pressing Issues

<table>
<thead>
<tr>
<th>Issue</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gangs/violence</td>
<td>58%</td>
</tr>
<tr>
<td>Staying out of trouble</td>
<td>58%</td>
</tr>
<tr>
<td>Alcohol/tobacco/drug use</td>
<td>53%</td>
</tr>
<tr>
<td>Body image/weight</td>
<td>50%</td>
</tr>
<tr>
<td>Boredom and lack of things to do</td>
<td>48%</td>
</tr>
<tr>
<td>Anger management</td>
<td>46%</td>
</tr>
<tr>
<td>Performance in school</td>
<td>42%</td>
</tr>
<tr>
<td>Relationship issues</td>
<td>40%</td>
</tr>
</tbody>
</table>

Source: YLC & ACPHD survey administered to 600 youth.

### Our Vision

Youth are empowered and have the resources and support to transform themselves and their community.

### Our Mission

The Ashland Youth Center provides the training, education, enrichment, and health services required to connect youth to employment, individual stability, and connection to a positive environment.
Core Values

- We exist to empower youth
- We exist to create positive change
- We exist to maximize community assets
- We exist to honor and support the things that are important to our community
Art & Culture

- Art classes
- Art & crafts activities
- DJ classes
- Intergenerational programs
- Media recording studio
- Modeling/fashion classes
- Multimedia production
- Open mic classes
Education

- Academic counseling
- After school tutoring
- College/SAT Prep
- Computer/Internet classes
- Leadership development programs
- Leadership training
- Money management classes
- Public Safety Awareness

Career Development/Job Placement

- Apprenticeship programs
- Employment training
- Entrepreneurship
- Green jobs
- Job/career counseling
- Paid and unpaid internships
- Teen employment placement
- Vocational training

Health & Wellness

- Case management
- Counseling (individual, group, family)
- Diversion counseling
- Life skills training
- Mental health services
- Peer-to-peer health education
- Prevention programs
- Primary care
Recreation

- Dance classes
- Field trips
- Hang out/social space
- Game room activities
- Martial arts
- Outdoor recreation (e.g., camping, hiking)
- Sports (e.g., basketball, soccer, baseball)
- Weight training
- Yoga/meditation

Service Approach

- All-inclusive
- Collaborative Partnerships
- Coordinated Service Delivery System
- Evidence/Outcome-Based
- Life-Course Model
- Socio-Ecological

Key Strategic Partnerships

Ensuring high-quality programming and sustainability
- Alameda County Redevelopment Agency
- Hayward Area Recreation and Park District
- San Lorenzo Unified School District
- Associated Community Action Program
- Alameda County Sheriff’s Activities League
- Alameda County Child Care Planning Council
- Citizens Advisory Committee
- Alameda County Library
- Alameda County Arts Commission
- Alameda County Health Care Services Agency
Key Strategic Partnerships
Ensuring high-quality programming and sustainability
- Resources for Community Development
- Niroga Institute
- STARS
- La Clínica de La Raza
- Tiburcio Vasquez Health Center
- Girls Inc. of Alameda County
- Eden Housing
- Transitional Age Youth Advisory Board

Core Staffing Vision
- Executive Director
- Fund Developer
- Program Director
- Facilities Manager

Sustainability Vision
- Community ownership
- Partnerships
- Core service business models
- Leverage public funding streams
- Third party reimbursement
- Rental income
- Fees
- Philanthropy
There’s no better way to use Redevelopment dollars than to support the positive development of children and youth and to prepare them for productive lives.

Alameda County Supervisor

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**Pair Share**

Describe an example of how your community has helped realize a vision from youth?

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**Key Ingredients for Successful Partnerships**

- Champions for Change
- Partnering with True Believers
- Breaking the Mold
- Creative Financing
- Activating Youth Voice
- Sticking-to-it-ness
For more information, contact
Alameda County
School Health Services
Coalition
James.Nguyen@acgov.org